

Summer SOAK 2023 Course Descriptions

SOAK 2024 Course Descriptions

Rising Kindergarteners

Mini SOAK

Join us this summer as we discover, explore and create! Mini SOAK is designed to foster your child's creativity while continuing to enhance their phonemic awareness and math skill development necessary for Kindergarten readiness. The wonderful instructors from Artistree have created an amazing hands-on, art-based curriculum designed to encourage creative exploration, support friendship and play, and strengthen academic basics.

Rising 1st - 3rd Grade

Harry Potter and the Active Heart (Book 1- Weeks 1 & 3, Book 2- Weeks 2 & 4)

Whether you are new to Harry Potter or you already love the books/movies, this course is for you. This course is appropriate for ALL reading levels. We will listen to the audiobook Harry Potter and the Sorcerer's Stone (Book 1) or Harry Potter and the Chamber of Secrets (Book 2), one chapter at a time, while doing quiet independent activities. After each chapter we will summarize the events by doing a group game or an arts and crafts activity.

Summit Seekers- TCC/SOAK Collaboration! (Weeks 3 & 4 Only)

Do you hear the mountains calling you? Are you curious about the critters that call the forest home? Do you love exploring nature on your own two feet? Join us for the debut collaboration between Summer SOAK and The Community Campus for Summit Seekers as we journey to a different hiking spot every day! Throughout the week, students will learn and practice crucial hiker skills and earn badges in the following topics: Hiker Safety, Leave No Trace, Maps/Navigation, Wildlife, and Art Inspired by Nature. Students returning to the course for a second week will have the opportunity to earn Master Badges focusing on one of three themes: Flora & Fauna Identification, Outdoor Education, or an In-Depth Art Project. Lace up your boots, top off your water bottles, and prepare for adventure!

Swim Lessons/Artistree

In the mornings, take swimming lessons with certified instructors at the Woodstock Recreation Center. Then, return to campus for lunch and recess. In the afternoons, join us at Artistree for art-making fun this summer! Each day we will explore a different art making process or material and enjoy creating art together! This camp will be held outdoors, weather permitting.

Be Creative

Be Creative invites students to become masters of their own creative world. During the two week period, students will learn how to create different art projects and are challenged to "think outside the box" in order to put their own unique styles on the projects presented. Each challenge will build upon the original idea by allowing students to collaborate with their peers, and present their own ideas. Students are encouraged to work individually or in teams, in order to explore, create and have fun. The long range goal is to be flexible and creative in their thinking, and to apply this approach into other areas of their world.

Baking Fun Bonanza!

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Are you looking to show off your baking skills this summer? Learn, bake, and share! Come and join fellow classmates as we use our scientific, mathematical and culinary skills to create delicious treats that you can share with your friends and family! We will combine books, music, art and games! Come in each day ready to create something new!

Exploring Line Dance

Calling all music lovers and dancers! If you like to listen to music, to dance or both then this is the course for you! Students will learn about line dancing and learn various line dances. Students will learn steps to specific line dancing dances. Students then will practice the steps to music. Special guests may visit to help demonstrate and assist in teaching line dancing. At the end of each week students will have the opportunity to perform a line dance.

Spirit of the Game

If you enjoy being outside, playing and learning new games, creating your own games, and having fun doing it, then Spirit of the Game is perfect for you. In this session you will play and learn how to create your own sport or tag game. The games we will be playing are kick-ball, hockey, soccer, pinball, dodgeball, tag games, and tennis! You will also have the opportunity to develop the makings of a team player as well as what is necessary to be a humble, coachable athlete.

Nature's Canvas

Are you fascinated by the wonders of the **natural world**? Are you ready to tap into your **creativity and imagination**? Join **Nature's Canvas** to explore our beautiful surroundings, let our imagination run wild and create art! We will be learning how to orient ourselves in our immediate surroundings, navigate the natural world to gather materials and create a wide variety of art projects from fairy houses to forts you can fit in. The sky is *literally* the limit to what you can create with us here at Nature's Canvas.

Everyday Engineering

Join us for Everyday Engineering! In this course, students in grades 1-3 will have the opportunity to engage in a variety of engineering tasks and activities; turning the ordinary into extraordinary!

Enchanted Explorations: Fairy Tale Fun

Using fairy tales and other children's stories, students will engage in a variety of creative and problem solving activities to increase their understanding of the story and help the characters solve the problems presented in each story. For example, after reading Jack and the Beanstalk, students will plant bean seeds and design a way for Jack to get the golden egg safely from the Giant's castle to his house. Following an exploration of what floats and sinks, students will create rafts to get the Three Billy Goats safely across the river. And baking gingerbread men will certainly be an exciting way to combine math measuring and science when reading The Gingerbread Man.

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Rising 4th - 7th Grade

Harry Potter and the Active Heart (Book 1- Weeks 1 & 3, Book 2- Weeks 2 & 4)

Whether you are new to Harry Potter or you already love the books/movies, this course is for you. This course is appropriate for ALL reading levels. We will listen to the audiobook Harry Potter and the Sorcerer's Stone, one chapter at a time, while doing quiet independent activities. After each chapter we will summarize the events by doing a group game or an arts and crafts activity.

Summit Seekers- TCC/SOAK Collaboration! (Weeks 3 & 4 Only)

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Swim Lessons/Artistree

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Paper Mache Crafty Creations

This course is for students who want to get crafty and a little sticky. We will learn about the different methods of paper mache and use recycled materials to create some fun projects; think bowls, masks, vases, sculpture and whatever else your imagination dreams up.

Nature's Playground

In this course students will primarily be outside, with some activities occurring in the classroom, participating in daily challenges and games. Small group and full group games and activities will take place through the week. They will be assigned groups for the week with a team leader that rotates every day. Through daily experiences students will learn skills allowing them to ultimately lead a culminating activity of their choice. Students will work together to create a fun and challenging environment to help each other learn how to lead and work cooperatively. This is an opportunity for kids to get outside work together and ultimately have a week full of fun!

Everything Equine

This course is for anyone who loves horses. No horse experience is needed. In this course, students will learn the basic skills of horse care, health, and handling. They will have opportunities to work with horses and learn about the many equine sports and careers that are available. Students will build teamwork, use real horse equipment, talk to local equine experts, and create a final project sharing their knowledge of an equine topic of their choice.

LEGO Science in MotionB

This is an engaging introduction to hands-on STEAM skills. Using the engineering process, students will gain an understanding of forces and motion as they plan and conduct their own

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investigations. Working in small teams, they will create seven different LEGO builds and demonstration important physical science concepts. This course will give students the opportunity to work constructively and creatively with their peers, encouraging teamwork and cooperation in a fun and engaging environment.

Dirt Rascals (Weeks 1 & 2 Only)

This course is designed to introduce students to the sport of mountain biking including the science and basic engineering of bike design, the history of the sport, sustainable trail design, and its impact on our local and regional economies and communities. The course approach combines group work, hands-on projects (trail building/maintenance and bike repair), and academic research. Students can expect to learn the basics of trail riding, bike maintenance, trail design, and the benefits that mountain biking brings to their personal health and community.

Spin Sisters (Week 3 Only)

This course is designed to introduce students to the sport of mountain biking including the science and basic engineering of bike design, the history of the sport, sustainable trail design, and its impact on our local and regional economies and communities. The course approach combines group work, hands-on projects (trail building/maintenance and bike repair), and academic research. Students can expect to learn the basics of trail riding, bike maintenance, trail design, and the benefits that mountain biking brings to their personal health and community. This course is open to individuals who identify as female.

Two Weeks on the Trail (Weeks 3 & 4 Only)

In Two Weeks on the Trail, mountain bikers will spend the entire day exploring trail networks around Woodstock and beyond. These destinations will allow riders to connect bermed turns and rock rolls with beautiful vistas while learning new trail riding skills. Daily rides will be followed by refreshing dips at local swimming holes. The course approach combines group work, service learning, and hands-on projects. Students can expect to learn intermediate trail riding skills, basic bike repair, trail design and maintenance, and the benefits that mountain biking brings to their health and local communities. Experienced mountain bikers in grades 5-9 only. This is not appropriate for beginner riders. A high level of fitness and single-track riding experience is a requirement. If participants don't meet the fitness and skills requirement, for safety reasons the instructor and director reserve the right to suggest a more appropriate course for your child's experience such as Dirt Rascals.

A Week in the Woods (Weeks 1 & 2 Only)

This is an five-day outdoor, adventure-based summer camp encompassing hiking along the Long Trail, leaping off rocks into crystal clear water, kayaking, reaching a granite-covered mountaintop, and exploring wilderness caves. All campers set their own personal goals during this fun-filled week as they share hikes, kayaks, stories, thrills, and support. Participants work together in a dynamic of encouragement and trust to push each other to new heights of personal accomplishment. Through exploration of the varied hidden treasures found in our region, campers will learn that summer offers a multitude of wonderful outdoor recreational activities. The aim of this camp is to provide participants with a range of experiences fostering independence and success as they face diverse personal challenges encountered outdoors.

***Previous participants of this program are encouraged not to apply** in order to provide greater enrollment opportunities to those campers seeking acceptance for their very first time.

On the Farm

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Farm Time! Students will learn about farming with the support of a few different local organizations. Students will do a mixture of on campus programming and some visits to local farms.

Rising 8th-10th Grade

Counselor in Training (CIT)

Want to become a better leader!? What does that look like? Does that mean I have to be vocal? OR what about leading by example? If you want to develop your leadership skills, The Counselor in Training Program is for you! Over the course of two weeks we will work behind the scenes to help provide a fun and enriching experience for all campers at summer SOAK. All while developing necessary life skills. By the end of the course you will have passed a “drivers” test to drive a golf cart, create and help manage exciting games, as well as design and create a WATER PARK for all of Summer Soakers to enjoy. Oh and maybe have a water balloon fight or two...

Two Weeks on the Trail (Week 4 Only?)

In Two Weeks on the Trail, mountain bikers will spend the entire day exploring trail networks around Woodstock and beyond. These destinations will allow riders to connect bermed turns and rock rolls with beautiful vistas while learning new trail riding skills. Daily rides will be followed by refreshing dips at local swimming holes. The course approach combines group work, service learning, and hands-on projects. Students can expect to learn intermediate trail riding skills, basic bike repair, trail design and maintenance, and the benefits that mountain biking brings to their health and local communities. Experienced mountain bikers in grades 5-9 only. This is not appropriate for beginner riders. A high level of fitness and single-track riding experience is a requirement. If participants don't meet the fitness and skills requirement, for safety reasons the instructor and director reserve the right to suggest a more appropriate course for your child's experience such as Dirt Rascals.